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FOLLOW THAT FOX!

by Jan Caroc

Jan Caroc has voyaged from Denmark to participate in six TMI residential programs (he has attended EXPLORATION 27® twice) and feels fortunate to have met Bob Monroe two times in C-I reality. In this e-mail message to Laurie Monroe, Jan describes an unusual, affirming occurrence that left him with feelings of continuing connection.

When my former spouse did GATEWAY this summer (1996) she had—among other things—a strong vision of Bob and a lot of nice, playful foxes. She tends to dismiss this as something she made up herself. The fact is—while she had this vision in Virginia—I had the rather astounding experience of seeing a fox in the middle of morning traffic in Copenhagen!

After reading your article in the spring FOCUS and after very unsatisfactory attempts at communicating with my former spouse, I saw the photo of Bob at the bottom of the page. I focused on the photo and stated the following question: "Well, you old fox, how would you show up for me?" Then I went out to get in my car to go get some food. While walking downstairs, something kept saying, "Don't use the car, walk instead." I ignored this (I'm lazy!), but I couldn't get into the car. The lock had fastened. I tried several times and ended up with climbing in via the passenger seat. And still this "walk instead of driving" message kept coming. Then I wasn't able to start the car, and I finally said, "OK, I've got it; I'll walk."

I then climbed awkwardly back via the passenger seat and was halfway out of the car, when very fast running noises made me freeze in my steps. The noises came from two small, beautiful foxes who swept around me and the car in a half circle not more than two yards away, disappearing into a neighboring garden. You can imagine I was excited! I started walking, and after twenty-five yards another fox was sitting looking at me over his shoulder—a big, older fox. It then darted off.

I was in dreamland! It was rather overwhelming, very reassuring, and completely wonderful. I might add that these are the only times I've encountered foxes in Copenhagen. They are not very rare, but what a nice chain of profound synchronicities!

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